



2021 FALL SCHOOL

AUGUST 30 – OCTOBER 1, 2021

Patti Somer – Club Administrator
Phone : (403) 358-1701
Email: skatereddeer@hotmail.com
Web: www.skatereddeer.com

General Information

- All registration done on-line at: skatereddeer.com
- **NO DROP-IN** sessions available.
- Simulation Friday September 10th at 5-545pm
- Maximum of 20 skaters are allowed on each session.
- There will be a **\$25.00 late registration fee** after August 22nd.
- The club will be monitoring and restricting regulations as per the government guidelines and are subject to change as deemed necessary by the Red Deer Skating Club.

Skating Sessions

- All sessions are at the KINSMEN A Arena: 5 McIntosh Avenue.
- Skaters may do freeskate, skills, or dance on their session.
- Sessions are purchased by the session, not the amount of time your skater will be skating.

Parent Information Session – THURSDAY, SEPTEMBER 23rd AT 7PM ON ZOOM

- Meet the coaches and your club executive.
- There will be a lot of information and door prizes.

Program Assistant Training

- Program Assistants help the coaches on the Canskate classes. They are held Tuesday, Thursday or Saturday. You will be paid a small gratuity in the form of a Bower Mall gift card. You Must be 11 years of age or older. Please contact Jess to sign up: jess.sergeant@hotmail.com
- Training is on Friday, September 17th from 500-700pm at the Kinsmen Arena. You will need your skates. Supper will be provided.
- **ALL** Program Assistants MUST attend training.

Dryland Training

FIT & FLEX Class- Tuesday, Wednesday and Thursday at 615-7pm in the skating club room.

Sports Psychology

Train the Brain – Monday September 20 from 615-7pm

Psyched to Perform – Wednesday September 8 & 22 from 615-715pm

Winter Skating

- The winter skating season starts October 4th. Registration will open in mid- August.

Professional Coaching Staff

The following coaches are under contract with The Red Deer Skating Club. Skaters are required to contact the coaches directly to book lesson times. Please talk with your coach about appropriate times before sending your registration form in.

Patti Somer

National Coach Certified
Coaching Since: 1984
Rate: \$13.00
Phone: (403) 396-3964
pattisomer@gmail.com

Lana Bellmore

Provincial Coach Certified
Coaching Since: 1991
Rate: \$12.00
Phone: (403) 506-1880
lanabellmore@gmail.com

Jessica Mackay

Provincial Coach Certified
Coaching Since: 2014
Rate: \$11.00
Phone: (780) 999-4192
jess.sergeant@hotmail.com

Jennifer Shigematsu

Regional Coach Certified
Coaching Since: 1993
Rate: \$ 11.50
Phone: (780) 385-0222
mjmk@live.ca

Fees:

Mondays	Session #1	4:00-5:00PM	Aug 30 Sept 13, 20, 27	\$60.00
Mondays	Session #2	5:00-6:00PM	Aug 30 Sept 13, 20, 27	\$60.00
Tuesdays	Session #3	4:00-5:00PM	Aug 31 Sept 7, 14, 21, 28	\$75.00
Tuesdays	Session #4	5:00-6:00PM	Aug 31 Sept 7, 14, 21, 28	\$75.00
Wednesdays	Session #5	4:00-5:00PM	Sep 1, 8, 15, 22, 29	\$75.00
Wednesdays	Session #6	5:00-6:00PM	Sep 1, 8, 15, 22, 29	\$75.00
Thursdays	Session #7	4:00-5:00PM	Sep 2, 9, 16, 23, 30	\$75.00
Thursdays	Session #8	5:00-6:00PM	Sep 2, 9, 16, 23, 30	\$75.00
Fridays	Session #9	11:45PM-12:45PM	Sep 3, 10, 17, 24 Oct 1	\$75.00

*****The Red Deer Skating Club reserves the right to change the schedule.**